

HELLO!

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2008 HOT COUPLES

NEW YEAR ISSUE

low-grade dermatological procedures and tend to foam up and release conditioners onto the skin's exfoliation to your skincare routine twice a week.

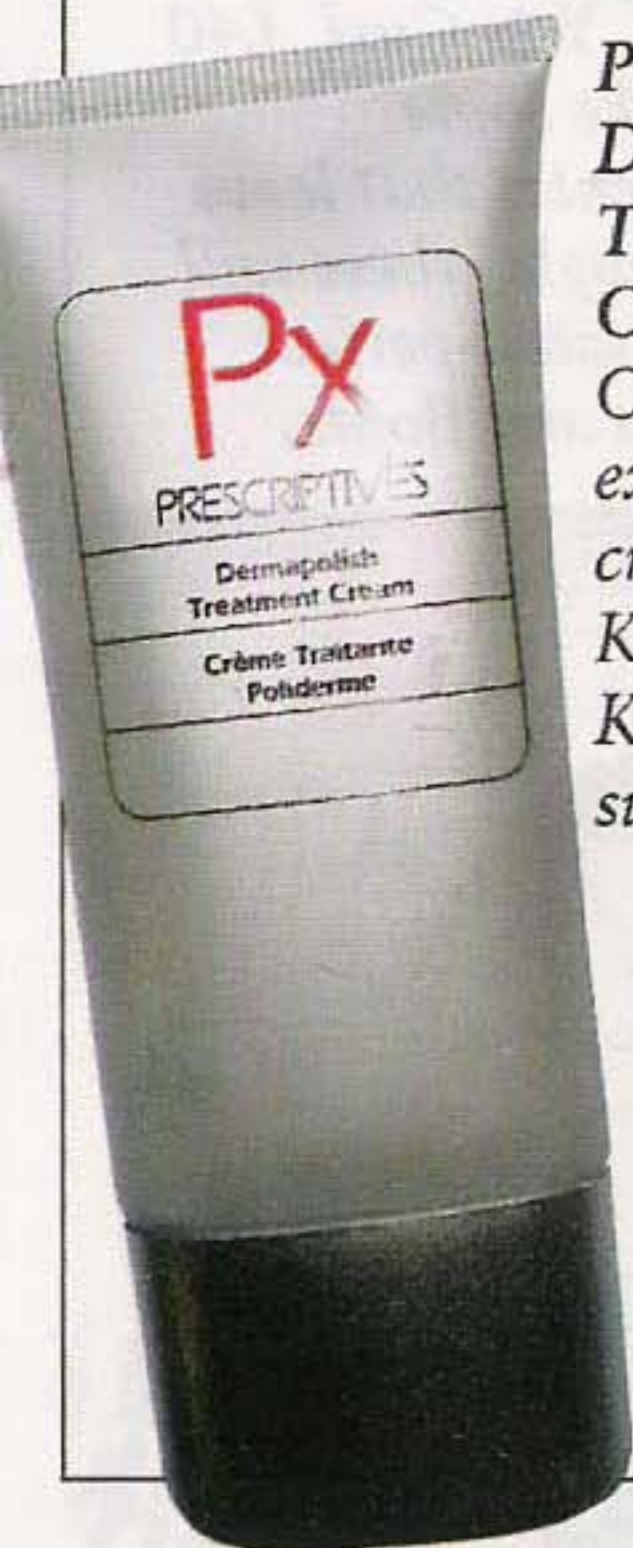
Get glowing

These at-home kits are exfoliants for the 21st century. Super-fine and super-efficient, they often include soothing serums and creams – even battery operated polishing gadgets.



Chanel Micro Solutions Microdermabrasion, £150 Famous fans include Nicole Kidman. Visit chanel.co.uk

Prescriptives PX Dermapolish Treatment Cream, £56 Crystal-based exfoliation cream and timer. Kim Cattrall and Kristin Davis swear by it.



Dr Denese Home Microdermabrasion Kit, £19.95 Contains a fine, pumice-based cream and battery-powered applicator. Famous fans include Mariella Fostrup. Tel: 0870-1900003; visit drdenese.co.uk

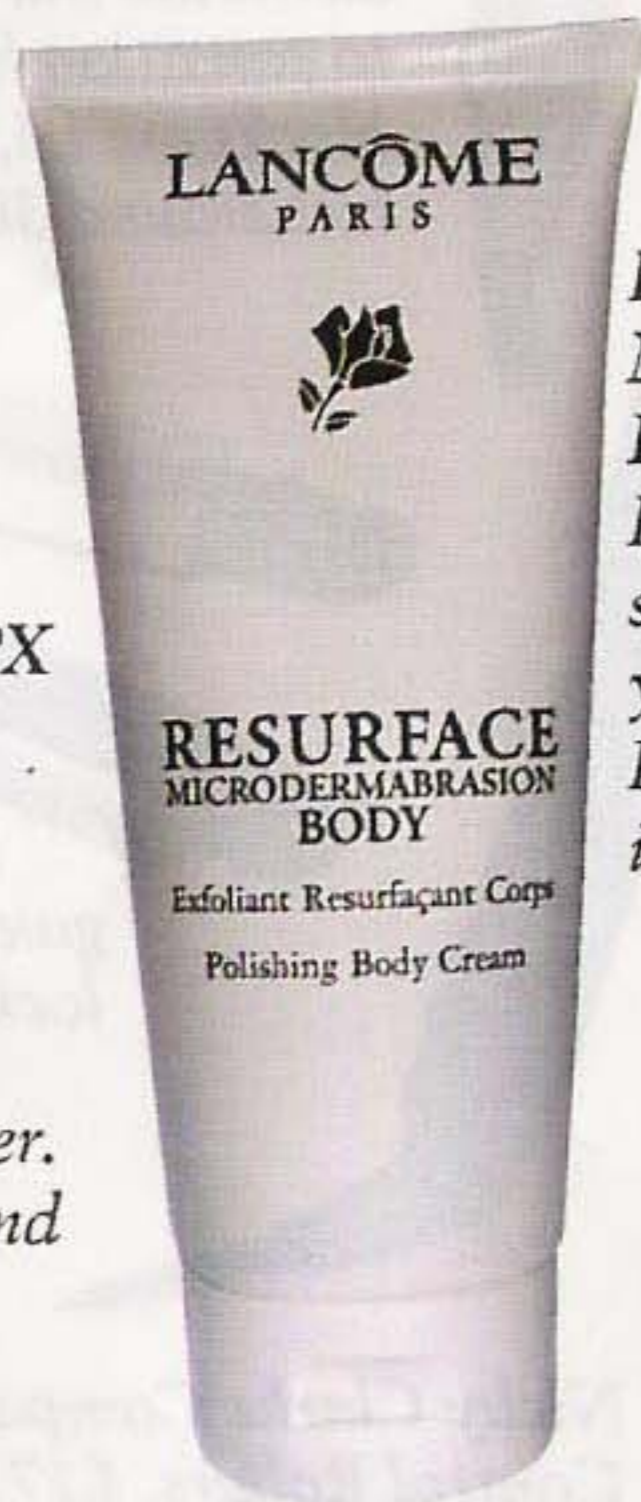


Origins Modern Friction, £27.50 Helps Nadine Coyle stay smooth. Tel: 0800-7314039.

Dr Nick Lowe Cell Renew Dermabrasion Peel, £10.95 Exclusive to Boots.



Lancôme Resurface Microdermabrasion Body, £31.50 Formulated specifically for your body. Drew Barrymore is a big fan.



No7 Total Renewal Micro-dermabrasion Exfoliator, £10.50



L'Oréal Paris Dermo-Expertise ReFinish, £14.99 A two-step kit with a grainy exfoliant and a soothing cream. As used by Natalie Imbruglia.



Roc Renewex MicroDermabrasion Expert Kit, £39.99 Comes with a battery-operated polishing gadget.



Kiehl's Dermatologist Solutions Micro-Dermabrasion, £34 Fans include Hilary Swank. Tel: 020-7240 2411.

Olay Regenerist Micro-dermabrasion and Mini-Peel Kit, £24.99

