

Sunday



Wonder treatment
Olay's new Definity Deep Penetrating Foaming Moisturiser, £24.99, contains a vitamin and enzyme complex developed to treat age spots.
Who's using it? Top make-up artist Mary Greenwell uses it on her star clients such as Liz Hurley.



Wonder treatment
No7 Uplifting Day Cream, £15.50, is formulated with a vitamin-based complex which plumps and lifts tired-looking skin.
Who's using it? TV's Trinny and Susannah.



Wonder treatment
PureLogicol Age-Defying Body Supplement capsules, £29.99 for a month's supply, are enriched with collagen extract that works to firm and plump your skin while you sleep.
Who's using it? Madonna.



Beauty

Abby Knight



Wonder treatment
md formulations Vit-A-Plus Intensive Anti-Aging Lotion, £45, combines a skin-buffing, fruit acid ingredient with vitamins to give your complexion back its glow.
Who's using it? Cat Deeley.



Wonder treatment
Jurlique Herbal Recovery Gel, from £42.50, is a serum-style product loaded with natural ingredients, including green tea and grape extracts, that act like an instant face booster.
Who's using it? Kate Moss.



5 star skin secrets - revealed!

STAR TIP

Beauty Sharon Stone says: "The best advice I ever received was from my mum. When I was 13 she told me to 'use moisturiser morning and night - don't ask questions, you'll thank me later!' And she was right!"



HOT TICKETS

West London's famous Balance The Clinic has a spacious new home offering the same range of body-boosting holistic treatments like reflexology and aromatherapy, plus laser and cellulite-reduction packages. We're totally hooked on the Rebalancing Face and Back Massage - one hour of pure stress-busting bliss, £70.



Many celebs are shunning the scalpel in favour of anti-ageing creams which keep their skin young and natural-looking. Now you can too...



WHAT ON EARTH IS ...

You need a science degree to understand the labels on most products, so skin-care guru Dr Denese gives us the low-down on this year's top ingredients:

- **Mulberry extract** "Lightens the skin and helps to prevent pigmentation, especially on the face and neck."
- **Carnosine** "The ultimate antioxidant, it helps to stop sugars sticking to the surface of the skin and weakening it."
- **Haloxyl** "Contains a group of natural ingredients that improves circulation round the eyes and blitzes dark circles."



A girl's gotta have Supercover Gold Sparkle Lip Gloss, £8.50. Just the job for livening up cold winter lips, this gently shimmering gloss works brilliantly over this season's hot chocolate shades and doubles up as a lip conditioner.

Do it NOW!

Even on chilly winter days, UVA sunlight can cause wrinkle-making damage. Look for SPF 15 in a make-up base and smooth it over your face and exposed neck.

Buy it TODAY!

Loaded with powerful antioxidants like carnosine to help boost collagen, Dr Denese Growth Factor Serum #2, £44.94, is a potent number that could give you the baby-smooth skin you had in your teens. Result!



STOCKISTS Dr Denese 0870 190 0003 ● PureLogicol 0870 750 2401
● Balance The Clinic 020 7565 0333 ● md formulations 0870 850 6655
● Jurlique 0870 770 0980 ● Supercover www.supercovermakeup.com