

WeightWatchers MAGAZINE

CONTOURING SKINCARE

Unfortunately, the product that magically reduces fat on the face just doesn't exist. But there are lotions and potions out there that help tone and tighten saggy skin, giving it a more



streamlined appearance.

P8N8 Multi Vita Day Cream, £32.50, and **Multi Vita Night Cream**, £36.50. The magic firming ingredient in this range is an exfoliating enzyme called Bacillus ferment. You can buy online at www.oochi.biz, or call 0845 193 0194 for stockists.

Dr Denese Firming Facial Pads, £32.05 for 60. These contain 10 per cent glycolic acid, which helps unclog pores and improves skin tone and texture. Buy from www.drdenese.co.uk, or call 0870 190 0003.

RoC Retin-Ox Day, £24.95. Developed to combat wrinkles and fine lines, this moisturiser also firms up your skin. In clinical trials, testers said their skin was 69 per cent firmer after using it for eight weeks. Available from Boots.