

INSIDE
FULL 7-DAY
TV GUIDE



MY TEEN CRUSH



But it was
20 years before
I wed Gary



Vamp it
up for

Take it

FREE WITH  FEBRUARY 12, 2006

The look of LOVE

Whether you're heading for dinner with your bloke or staying in to pamper yourself, here's how to get your Valentine's Day beauty regime sorted...

Going out ● Too Faced Heartbreaker Pink Sugar Palette, £18. Eye-shadow, blusher and lip gloss – a complete hot date.

● Be pretty in pink with Estee Lauder's Pure Colour Eyeshadow Duo in Venus, £20.

● Plump up your pout with MegaLips Instant Lip

Plumper, £17.95, www.drdenese.co.uk or try Girls Just Want It Lipstick in Romance, Passion or Love, £9.05, www.tigi.co.uk

Nail Colour in Flamenco, £6.25.

● Slip Dior Addict 2 Perfume, £25 for 20ml, into your bag and smell gorgeous.

Staying in ● Soak in Radox Red Heavenly Bath Velvet, £2.99, with extracts of raspberry leaf and neroli. Or try Asda's Sensual bath range, from £2.98.

● Let your fella join in with Boots

