

# My Weekly

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68p

## WRINKLES

### Our Panel Put Home Kits To The Test

THE WINNER

**Product:** ROC RENEWEX MICRODERMABRASION EXPERT KIT, £39.95

**Tester:** Dorothy Anderson, 43. Dry sensitive skin.

**The Hype:** This is already the USA's number one selling anti-ageing skincare device. The first at-home device proven to rival a professional micro-dermabrasion treatment. Offers the benefits of a salon treatment without the expense and inconvenience.

**The Reality:** "This looked pretty scary with its hand held massager – it even had two speed settings! I was apprehensive as I have really fine, translucent skin. The cream did feel coarse in texture but I loved the massaging device and my skin didn't react badly at all.

"It was as though the massage/cream combination really stimulated my circulation and my skin positively glowed. The next day my face felt smooth and pores were visibly tightened. This isn't cheap but once you've bought the initial kit you can just buy the cream refill for £14.95 so it's something I would invest in. It's just the little boost an ageing skin needs regularly!"



**Product:** DR DENESE HOME MICRODERMABRASION KIT, £19.95

**Tester:** Janice Cuthbertson, 33. Superficially dehydrated skin.

**The Hype:** This is a truly effective home alternative to salon microdermabrasion. This kit doesn't contain aluminium oxide so won't leave you red faced. The active ingredients, natural pumice, gently remove dead skin cells leaving skin looking polished and rejuvenated.

**The Reality:** "This felt really nice on my skin. Directly after using it my skin felt very tight, I don't know if this is normal. Straight afterwards I slathered on really rich moisturising lotion and my skin just seemed to drink it up. Once moisturised my skin was left very dewy and looked really evenly textured.

"The next day my foundation went on smoothly and I felt my skin looked better than it had in ages – it looked glowing and felt very soft.

"You're meant to use this once a week at night. I'm not sure I'd use it that much, but I will definitely use it again a couple of times a month."



**Product:** MARKS & SPENCER REVIVAL RESURFACE MICRODERMABRASION SYSTEM, £19.50

**Tester:** Di Petrie, 51. Combination skin.

**The Hype:** Gives a brighter, smoother, glowing complexion in an instant. A revolutionary and innovative way to polish off dead skin cells and stimulate maximum cell turnover. A safe and effective alternative and the next best thing to a microdermabrasion salon treatment. A two-pronged attack combines both cellular microdermabrasion cream and cellular softening and balancing lotion to achieve visibly softer, evenly toned and more radiant skin in moments.



**The Reality:** "I felt that this was a really good product that left my skin feeling clean and glowing. It was easy to use and effective. I liked the feel of it on my skin and also think it's fairly reasonably priced. I'll use it again and would buy it as an addition to my normal skincare routine."

**Product:** L'ORÉAL REFINISH MICRODERMABRASION KIT, £14.99

**Tester:** Ann Milne, 49. Smoker with fair, high-coloured complexion.

**The Hype:** Use two steps that take two minutes two times a week for resurfaced skin that's illuminated and looks like new. With regular use the texture of your skin is transformed. Whereas a standard exfoliation provides essentially deep cleansing, REFINISH goes even further by evening the skin's surface anomalies and unveiling a more radiant complexion.

**The Reality:** "I was a bit worried about using this as my skin can flare up easily. I was pleasantly surprised that it left my face feeling so soft. It took so little time to use and the procedure is not complicated. I liked the fact that the kit contains cream to use afterwards with SPF 15 as otherwise you would have to purchase this separately. The cream was rich and creamy, not greasy and my skin felt great! There's a definite improvement in texture and tone so I'd pay more for this if required."

