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DAILY EXPRESS



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Tried & tested

Banish dull winter skin and reveal a new radiance with a home peel kit

BEST BARGAIN BUY
Marks & Spencer Revival Resurface Microdermabrasion System, £15 (0845 302 1234)

Gentle, two-step peel that feels like an exfoliating face mask. Cellular cream visibly removes grime, leaving skin squeaky-clean without drying and the softening and balancing gel gives a silky finish. 8/10

Ole Henriksen Mini Peel System, £125 (020 7235 5000)

The most pleasant smelling of all the peels. The almond polish exfoliator deep cleanses, there's a lemon strip peel and a camomile moisturiser. My skin felt fabulous the day after but the price is ridiculous. 7/10

Elizabeth Arden Peel & Reveal Revitalizing Treatment Kit, £40 (0845 070 8090)

The strawberry jam-like mask causes a gentle tingling as it dries. But even after using the Post Peel Finishing Solution and Lotion, the skin's texture and appearance were not noticeably improved. 4/10

L'Oreal ReFinish Micro Dermabrasion Kit, £14.99 (nationwide)

A two-step process using micro dermabrasion exfoliator and moisturiser. The exfoliator has a slightly medical smell and feels too harsh for sensitive skins. The moisturiser is greasy and leaves an oily residue. Not pleasant but it did leave skin smooth and bright. 3/10

Skin Wisdom Salon Professional Microdermabrasion Kit, £9.97 (0800 505 555)

The exfoliator felt too harsh and I was glad to slap on the lavender balm and moisturiser which left skin feeling silky smooth. The system left my skin deeply cleansed, polished and radiant but this is not for sensitive skins. 6/10

DDF 7-Day Radiance Kit, £85 (020 7235 5000)

A seven-night system where the radiance solution is put on, then removed with a neutraliser pad, before the resurfacing solution can be left on overnight. After initial tingling, fresh, clean skin is soon revealed. 7/10

BEST LUXURY BUY
Prescriptives Dermapolish System, £75 (0870 034 2566)

The cream has microcrystals to slough off surface skin cells. Follow with a spritz of soothing mist, then a heavy, emollient cream. Skin instantly feels soft and deeply cleansed without seeming taut. Expensive but does the job in minutes. 8/10

Dr Denese Home Microdermabrasion Kit, £19.95 (0870 1900 003)

Apply cream containing pumice to face and chin and follow with the battery-operated applicator. Skin felt soft and refreshed. The best part was the massage. 6/10